



SOUTH BIRMINGHAM FOOTBALL COACHING COURSE



AT: FOUR DWELLINGS ACADEMY

DWELLINGS LANE, QUINTON, BIRMINGHAM, B32 1RJ

STARTING: FRIDAY 17TH APRIL 2026

Fridays:	Group 1: School Years Reception & Year 1.....	5.00pm-6.00pm
	Group 2: School Years 2 & 3.....	6.00pm-7.00pm
	Group 3: School Years 4, 5 & 6.....	7.00pm-8.00pm

Dear Parents,

I am pleased to inform you that, due to the huge success of our football courses over the last **25 years**, we are following up the football coaching programme for the season starting in April 2026. The course will run for approximately 12 weeks and the programme is for boys and girls aged between 4 and 12.

About our Course

- The unique practice techniques are specifically designed to work with children of all abilities, ranging from the absolute beginner to the more advanced player.
- The course is run by **F.A qualified coaches**, who are **DBS** checked, and hold an advanced premier skills qualification, they are currently working with children, enabling them to learn essential football techniques, building **CONFIDENCE**, improving **FITNESS** and providing the most important ingredient **FUN!**
- Children will be fully supervised at all times, although parents are welcome to stay and watch.
- Each child will be provided with a football for individual practice and their progress will be recorded each week.
- It is an **indoor** course held in the sports hall, therefore children may wear trainers and sportswear. We may go outdoors during the summer term.
- **Ex Premier League Birmingham City, West Bromwich Albion and Fulham player Geoff Horsfield** quotes, "I've coached on these courses with the team and they are fantastic in the way they deliver their coaching sessions!"
- **Ex England World Cup star and Sky Sports pundit Paul Merson** quotes, "I have presented trophies to the children on these courses and it's great to see the smiles on their faces and sense of achievement!"

Presentation of trophies and award

- On the final week of the course, we hold a presentation, whereby **EACH CHILD WILL RECEIVE AN ENGRAVED TROPHY.**
- Children also have a chance to win many other special individual awards and trophies for various skills, including 'premier league' and 'penalty shoot out' competitions.
- Parents and friends are most welcome to attend the presentation and watch the children being presented with their awards, as this encourages a fantastic atmosphere.

The cost of the course is £9 per week; payment is made every 4 weeks, with the first payment of £36 due on week 1. **Please Note: With a high response expected and limited places available, bookings will be confirmed on a first come, first served basis.** *Mark Frith* (course co-ordinator) www.soccercoachinguk.co.uk

TO RESERVE PLACES PLEASE TEXT:

FOUR DWELLINGS + CHILD'S NAME + AGE + GROUP NO. (1, 2 or 3)

and receive confirmation by text to:

07827 322780